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439TH AIRLIFT WING COMMANDER Brig. Gen. Wade Farris

provided by the 439th Airliff Wing Public Affairs Office, Westover Air Reserve Base. All photographs are Air

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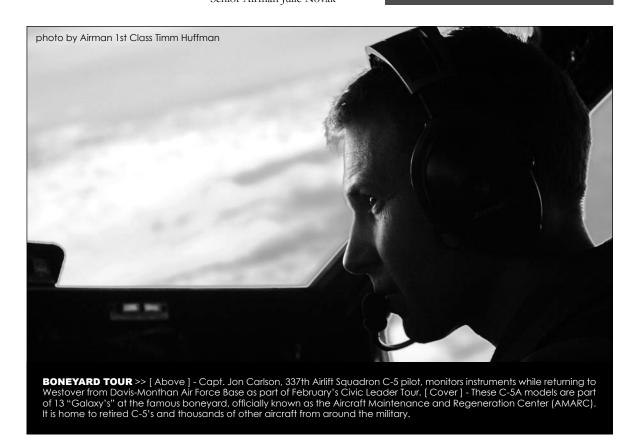
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EDITORIAL | UXO's and you - what every Airman needs to know



What does an IED look like? A question from a recent Patriot ORI test made me think: I still have trouble providing a comprehensive answer to that question. I'm the Explosive Ordnance Disposal (EOD) Program at Westover and have

been an EOD technician for 21 years. Here's the reason for my explanation troubles and why you should never think you truly know the answer.

An IED's construction and function are only limited by the maker's imagination, knowledge, resources, and time. In other words, an IED looks like ... anything!

Don't ever think you know what an IED should look like. Instead use common sense and look for signs out of the ordinary. If an object seems out of place and doesn't fit the environment it may be an IED. Also look for signs of tampering or altering in an item's construction or its container.

Of course, more obvious signs are protruding wires, batteries, visible electronic components, protruding hobby fuze, oily smudges, unknown substances ... or sticks of dynamite taped together with a big clock on them.

Seriously, you must asses the overall environment, situation, and then consider the current threat and what the potential target may be. But the bottom line is, if unsure consider it a possible IED and report it. You will never be faulted for calling in a suspicious package if you don't know where it came from or to whom it belongs. Determining absolutely whether or not an item is an IED is EOD's job. Your job is to be vigilant and use common sense while carrying out your mission. Report anything suspicious.

Here are my answers to the ORI questions that appeared in the February Patriot:

What does UXO mean? Unexploded Ordnance (or duds) were first called UXOs by British Royal Engineers during WWII. UXOs generally refer to military type ordnance and IEDs are homemade or improvised but still may use military

What are the four Rs used for reporting UXOs? Recognize, Retreat, Report, and Record (in that

order of importance). First, Recognize the possible explosive threat, then Retreat to a safe area (while notifying anyone else in the immediate area), Report the incident up your chain of command and to security forces, and finally, Record any information you can remember about the item (size, location, shape, etc.) and wait for EOD to arrive. EOD will want to get that information from you.

How far should you evacuate from an IED the size of a back pack? Five hundred feet for items less than two feet square and 1000 feet for larger items. However, this rule also requires common sense. In open areas or areas with many glass windows you want to seek cover as well. If you can see the item and don't have solid protection between you and the item you are still in danger. A normal size backpack can hold several pounds of explosives and shrapnel that could be lethal up to 2500 feet. The 500 and 1000-foot evacuation rule will protect you from blast over-pressure only. Fragmentation protection requires solid cover.

Master Sgt. Darin S. Frye **Explosive Ordnance Disposal**

BRIEFS |

Board announces quarterly winners

Westover's Quarterly Awards Board has selected the following second quarter award winners for fiscal year

Airman - Senior Airman Sharon Biancardi, 439th Mission Support Squadron.

Noncommissioned Officer - Tech. Sgt. Norman F. O'Brien, 439th Communications Squadron

Senior NCO - Senior Master Sgt. Jacqueline M. Plouff, 439th CS.

Company Grade Officer - 1st Lt. John S. Defina, 439th Aeromedical Staging Squadron

Civilian - Mary G. Syriac, 439th Mission Support Group

Awards are given to outstanding performers based on a supervisors' recommendations. Annual awards are announced in December.

Commander is promoted to one-star

Brig. Gen. Wade Farris, 439th Airlift Wing commander, pinned on his new rank March 30. General Farris is deployed to Southwest Asia until June in support of Operation Iraqi Freedom.

He is the deputy director for mobility forces at the Combined Air Operations Center at the deployed location. General Farris has been 439th AW commander since August 2003.

Survey helps base assist community

The 2006 Community Assessment survey assists support agencies in assessing community results and improving services to better meet the needs of service members and their families. Reserve spouses will be randomly sampled on a national level to take the survey.

For more information, call Cheryl Kirkwood, family support center director, at Ext. 3024 or DSN 589-3024.

How to avoid \$110 fine - park properly

Wing leadership warns everyone not to park in fire lanes after security forces had to tow two vehicles during the March A UTA from the fire lane in front of the airmen's dormitories, so fire trucks could react to a pulled fire alarm.

In all, security forces ticketed 18 vehicles. The cost to get a vehicle out of tow is \$110. The tow company is not open on Sundays.

The fire lanes are located directly in front of the dormitories and also on the side of the parking lot in front of Bldg 5105.

Dissatisfaction not enough for IG

The Inspector General Complaint Program may not be used for matters normally addressed through other grievance or appeal channels, unless there is evidence that those channels mishandled the matter.

Dissatisfaction or disagreement with the outcome of an appeal does not warrant an IG investigation.

For more information, call Ext. 3137 or DSN 589-3137.

Golf tournament sign-up deadline

The deadline to sign-up for the Win" Gaskins Memorial Golf Tournament is April 1.

The tournament will be held May 8. For more information contact Ruth Parker at Ext. 2233



Vice commander steps down... from the stage

Colonel Marten walks among the troops during commander's call, delivers inspirational ORE, ORI preparation speech

by Tech. Sgt. Andrew Biscoe

estover's vice commander moved to "plan B" at the March Commander's Call as he encouraged Patriot Wing members to face challenges in the months ahead.

After a few crackles echoed through speakers suspended from the ceiling, Col. Michael J. Marten shrugged off an uncooperative microphone and stepped down from the stage to deliver a motivational speech to more than 2,000 members of the Patriot Wing lined inside the Base Hangar. "OK, can you still hear me?" he bellowed with a smile to the crowd. The colonel saw enough nods from the crowd to press on.

For the next 10 minutes he shouted, in 360-degree fashion, what he wanted to see from the more than 400 wing members who will deploy in early April to Alpena, Mich. The deployment is for the Operational Readiness Exercise (ORE) – the dress rehearsal for the Operational

Readiness Inspection (ORI), which takes place in August.

Colonel Marten presented a series of awards and certificates while in his blues uniform. Halfway through the Commander's Call, he slipped out of one of the side exits of the Base Hangar and changed into his flight suit to deliver the speech.

"I knew it was important to follow the right protocol for the awards presentations," he said. "But I also knew this was the last Commander's Call before the ORE, so I thought wearing the flight suit would help with the spirit of my speech delivery. I had to help get these men and women focused and tell them how important they are to accomplishing the mission."

The ORE, dubbed Patriot Panther, is scheduled for April 2-9, while the ORI will be from July 31 to Aug. 7.

The following is what Colonel Marten explained in his speech.

"What I want to do here today is to crystallize in our minds what the immediate and long term goals are. First and foremost our job here is to support the warfighter. Everyone on this base in one way or another contributes. While the general public may not always realize it, we are a country at war. We have men and women from this wing deployed in harm's way every day. We have American servicemen dying in Southwest Asia on an all too frequent basis. Never forget that we were attacked on home soil. This country lost more people during the events of 9/11 than we did during Pearl Harbor - a sobering thought. Many of us asked originally right after 9/11 why we kept training and having inspections when we dropped those requirements for Desert Storm. If we had not, we would have no one qualified or trained now for the fight. As our senior leaders told us this was a marathon, not a sprint. This Global War on Terrorism is going to last five, 10, 15 years. Maybe longer – nobody knows.

Our immediate focus, as all of you know, is the inspection that we have coming up. If anyone out there

does not know, we are going to be deploying to Alpena, Mich., for the ORE and that will also be the site for our ORI. A lot of hard work has gone into the planning and execution of these exercises and whether we like it or not, they are going to happen. Five hundred or so plus another 100 alternates have been working and training real hard to make this effort a resounding success. But they cannot do it alone. Teamwork will be the key - whether it is partnering with other squadrons during the deployment, the supporting personnel left behind, or our partners in the 612AEW from Seymour Johnson AFB, N.C.

And everyone on this base contributes directly to this effort. As always the cultural excellence of this base will rise to the occasion. You expect and deserve a grade of excellent or better and I have every confidence that you will get it.

When I first arrived here 25-plus years ago we were told we were here to train. As I was briefed by Lt. Gen. (John) Bradley at the SLC conference we are now the operational reserve. We no longer sit here to be ready - we do the job day in and day out. On any given day we have 300 or so reservists on some type of active duty doing the job. From the flyers in the 337th, to the aerial porters in the AOR, the maintainers on the flight line and the AES and ASTS preserving the lives of our wounded and everyone else in countless other AEF deployments - we do the job. And not just war but humanitarian efforts. We were there for the tsunami, Hurricanes Katrina and Rita and earthquakes in Pakistan. And none of this is possible without you the people who make it happen. I want to thank you the reservists, your employers and most importantly your families for all the sacrifices that you all make. We maintain a culture of excellence at Westover and you, who in my opinion are the best reservists in the command, have been doing the job for a long time. I am sure we will be ready for whatever mission we get called. We are the operational reserve."

ARPC expands customer support for drilling reservists

by Tech. Sgt. Rob Mims Air Reserve Personnel Center Public Affairs

DENVER (AFPN) - Beginning March 3, Air Reserve Component members will be able to speak to an Air Reserve Personnel Center customer service representative the first weekend of each month from 7:30 a.m. to 3:30 p.m. Mountain Standard Time.

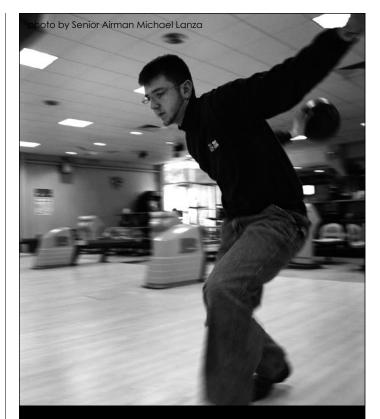
"ARPC will now be manned Saturdays and Sundays to help better serve all ARC Airmen," said Col. Ann Shippy, center commander. "This is another step in our personnel service delivery transformation toward improving customer service for all of our Reserve force."

This enhanced customer service step gives drilling reservists the flexibility to speak with a customer service representative to help resolve personnel issues during their primary unit training assembly, which typically occurs the first weekend of every month.

"Some people don't have time during the week to take care of personnel issues," said Staff Sgt. Carrie Doolen, who volunteered to work the first weekend. "That is why we will come in on the weekends to help them out."

Reservists who still aren't able to call ARPC are encouraged to log on to the virtual Personnel Center Guard and Reserve, a 24/7 customer service Web portal operated by ARPC at arpc.afrc.af.mil/support/default.asp. Airmen will have to answer a few questions to establish an account.

ARPC and the Air Force Personnel Center, Randolph Air Force Base, Texas, are currently working to centralize and automate many personnel functions and processes throughout the entire Air Force.



STARS AND STRIKES >> Pfc. Carl Schwarzenbach won the \$500 grand prize at the Westover bowling alley for the 2005 Bowling for the Stars & Strikes competition. Points are awarded for each game played. Participants with the highest level of points are entered into the drawing for a cash grand prize. This year's competition will begin June 1.



WHAT'S WRONG? >> This photo shows a mistake with not following proper Operational Security procedures. The first reservist to identify the error and answer the questions will have thier name printed in the Patriot.

O.R.I.: will you pass?

CONGRATULATIONS to Tech. Sgt. William J. Forbes, 439th Aeromedical Staging Squadron, the first reservist who e-mailed the PA office the correct responses to the caption and questions from the March 2006 coverage. For answers to last month's ORI questions, turn to page 12.

- >> What is the first step of the "5-Step OPSEC Process" (ref: Unit OPSEC Rep. or AFI 10-1101)?
- >> Which one of the following government systems is the most secure way to send an e-mail to someone deployed to the desert?
- a.) NIPRNet
- b.) SIPRNet
- c.) @westover.af.mil account
- d.) @Glmail.af.mil account
- >> Which one of the following items is not on the Westover Critical Information List? (Ref: Y drive under OPSEC)
- a.) The number of personnel deploying to base X for the ORE.
- b.) The date the main body will be departing Westover.
- c.) The number of people that are untrained/unqualified in any given
- d.) The combination to a unit's safe that holds classified documents.





<< FINAL FORMATION

The Aircraft Maintenance and Regeneration Center is home to more than 4,200 retired aircraft.

THE BONEYARD SHIFT by Tech Sgt. Andrew Biscoe

wenty-six area civic and business leaders flew aboard a Patriot Wing C-5 in February to tour a major active-duty Air Force base and to see the famous final resting place for military aircraft.

Just minutes after getting airborne from Westover Feb. 15, groups of the civic leaders huddled in the C-5 flight deck to watch an in-flight refueling demonstration with a KC-10 tanker assigned to McGuire Air Force Base, N.J. The C-5 then flew on to Davis-Monthan AFB, Ariz. The sight of the tanker only 20 feet from the C-5 and the overall tour of Davis-Monthan left an impression of the military that at least one civic leader said he won't forget.

"This was truly an outstanding job by everyone involved and

an excellent opportunity to learn more about the roles, responsibilities and needs of our citizen airmen," said Michael Blanco, president and chief executive officer of Resolute Partners from Southington, Conn.

Retired Col. Charles A. Brown, a former POW, maintenance group commander and B-52 pilot at Westover, provided the tour of the Air Force "boneyard." The group saw more than 4,200 aircraft parked in the Arizona desert. The aircraft included 13 C-5A Galaxies retired from the Air Force, two of which still bore Westover markings.

The civic leaders, escorted by public affairs staffs from Westover and at Davis-Monthan, also visited the control tower, an A-10 hangar and toured the facilities of an Air Force Reserve helicopter



THUNDERBOLTS >> Senior Master Sgt. Benjamin Hoover, 355th Fighter Wing, gives a rundown of the A-10 Thunderbolt II's mission and capabilities to civic leaders during February's tour of Davis-Monthan AFB, Ariz.

rescue unit, before it returned to Westover Feb. 16.

Every year Westover invites regional civic leaders to learn about the Air Force and its mission. The 26 attendees were people from all walks of business and civic organizations including the United Way, BayState Gas, and many others. "I gained additional insight and appreciation every step along the way," Mr. Blanco added.

"The experience was priceless and I have not stopped talking about the trip yet," said Carol F. Campbell, president and CEO of Chicopee Industrial Contractors. "I enjoyed speaking with everyone from Westover and meeting others from Western and Eastern Massachusetts. Again, thank you for the experience and for the job that you and the team at Westover do every day."



by Tech. Sgt. Andrew Biscoe

DAVIS-MONTHAN AIR FORCE BASE, Ariz. – Two Patriot Wing C-5s have traded the chill of New England winters for the arid desert warmth following their final landings here nearly two years ago.

Retired Col. Charles A. Brown, Aircraft Maintenance and Regeneration Center (AMARC) disposal branch chief, provided a tour of the "boneyard" to the civic leaders Feb. 15. He is a former POW, a 439th Maintenance Group commander, and a Westover B-52 pilot. He retired from the Air Force Reserve in 2004 and left Westover to take the new job at Davis-Monthan.

The sight of the C-5s – most of which are disfigured from their parts being removed – is still a sad thing to see, Mr. Brown said. While the airplanes won't fly again, some of their parts will, as they are going back out to the remaining 112 C-5s in the inventory.

"Both 304 and 167 are feeding the other airplanes," he said. "Parts of them are still flying. Those parts will help the other planes."

Parts that were easy to spot on the 13 C-5s included the elevator sections of the tails, but other important sections like the landing gear have also been put back out in the C-5 supply system.

The fact that only two of the 13 C-5s at the "boneyard" came from Westover is a testimonial to the Patriot Wing maintenance workers, Mr. Brown said.

Large capital letters of Westover, still visible on each six-story high tail, make Mr. Brown feel closer to home.

The Air Force sent 13 C-5s to the famous AMARC, more commonly known as the "boneyard," beginning in 2004. Three-oh-four, was built in 1966 and was the oldest C-5 in the Air Force. It made its final climbout from Westover in May 2004. Tail number 167, built in 1967, left Westover in mid-2004. Each veteran airlifter had more than 15,000 hours of flying time.

Mr. Brown wished the idle airplanes could talk about all of those hours. "If they could talk, we'd sure like to sit down and listen," he said. "You wonder how many stories they have. 304 is an old friend. Every once in awhile I drive by and say hi."



Part II

by Senior Master Sgt. Sandi Michon

he 439th Airlift Wing wants its reservists on the right track – the running track.

To build up speed for the third annual testing with the new fitness standards – units are working out a more rigorous approach to success.

The wing promotes friendly competition between units through various events. Brig. Gen. Wade Farris, 439th AW commander, promises a one-hour early sign-out each year to the unit with the highest fitness pass rate. Conversely, the "losing" unit must report an hour early, and General Farris uses the extra hour to run with the troops. The wing hosts a Commander Fitness Challenge each April, testing all commanders, chiefs, first sergeants and wing staff. The commanders won the first two years. The wing commander has also added a "most improved" category.

"It's important to pass the test, but it's also about overall fitness and health," said Chief Master Sgt. Tammy H. Vezina, military personnel flight superintendent, and a Westover Chiefs Fitness Council member. Each year, the council runs the Chiefs' Challenge – a wing fitness competition recently used as a benchmark by Air Force Reserve Command during the Unit Compliance Inspection. In 2005, the 439th Aeromedical Evacuation Squadron won the fitness challenge edging out the 439th Mission Support Squadron in the "Walk around Massachusetts" program.

In addition to the Chiefs' Fitness Council, Chief Vezina organized a version of the Chiefs' Challenge to get the 439th MSS in shape. The unit's four teams compete to reach "mileage markers" achieved by various types of exercise. "Three minutes of exercise equals one mile," she explained. Sporting team t-shirts, team competition encourages motivation and positive peer pressure. Unit team mileage stats are posted every two weeks, and the chief is often surprised by those who have already hit the 400-mile marker. "Some of these people have not previously been avid exercisers," Chief Vezina said of the military and civilian mix.

For traditional reservists, the MSS has mandatory physical training each UTA Saturday, which includes circuit training and baseline testing. "We ask unit members for their fitness ideas, and put together a schedule,"

said Maj. Gregory M. Federico, MSS commander.

Mandatory UTA fitness training is catching on throughout the wing. The 439th Civil Engineering Squadron is rapidly gaining ground on the lead units by adding mandatory squadron workouts each UTA, which include stretching, calisthenics and the combined run. "We've assigned mentors to those struggling to meet fitness standards, and the training has improved those good to begin with," said Master Sgt. Bruce B. Buechele, CE first sergeant. "It's part of our regular training. It's how we end our Saturday UTAs." Their approach has reduced their failure rate by 30 percent in one year. The 42nd Aerial Port Squadron hosts volleyball games in the Base Hangar each month.

The 439th Aeromedical Squadron schedules mandatory fitness training each month for members that scored marginal or poor on the previous year's test. The 439th Maintenance Squadron requires unofficial fitness testing quarterly. As unit fitness monitor, Chief Master Sgt. David F. Carbin tests about 150 reservists on the quarterly UTAs, gives all reservists their required passing fitness statistics, e-mails health articles, and mentors marginal performers. "The only way to prepare for the run is to run," he said. "Since the run and waist measurement are 80% of the point total, excess weight becomes the biggest obstacle to a passing score," he added.

Lt. Col. Richard M. Cockley, 58th Aerial Port Squadron commander, has both unit and personal success under his belt (now cinched smaller). While commanding the 439th MSS, he instituted a variety of mandatory fitness activities – from yoga to circuit training to extreme frisbee – to bring his unit to a maximum pass rate. He also brought his personal fitness score from 92 to 100 percent by losing 20 pounds and increasing his workout regimen. His goal is to reduce the 58th's marginal and poor ratings from 23 percent down to 10 percent in the 2006 fitness testing.

The base fitness center provides personal trainers to set up individual exercise programs – to pass the fitness test – and to "pass life," said Marc Grothues, base intramural sports director. "The overall goal is wellness – to go from sedentary to active," he said. "You will more likely pass the fitness test as a byproduct of wellness."

The temporary gym facilities are located in the Airman's barracks, Bldg. 5102, the second building behind the dining hall.

WESTOVER PATRIOTS |

Patriot porter honored at city-hall ceremony

Article by Staff Sgt. Paul Flipse



SPRINGFIELD, Moss. – Once a year, the mayor of Springfield gives an award to a city employee who is also a veteran. The award goes to the person who demonstrates the highest levels of dignity and respect both for the public and co-workers.

In 2005, Mayor Charles V. Ryan handed that award to a Westover Airman.

Tech Sgt. Darrin R. Padilla, ramp crew chief for the 58th Aerial Port Squadron and an 11-year veteran of the Springfield Fire Department, was presented with the Daniel P. O'Sullivan award at a ceremony held last fall at Springfield City Hall.

Sergeant Padilla had heard of the award before winning it but never considered himself a serious candidate. He also didn't know his fire station chief had recommended him for it.

When he learned he'd won, he was caught off guard.

"I was shocked," said Sergeant Padilla. "I never thought I would be submitted for the award, never thought I would win. I can't believe I got it."

The soft-spoken Airman beat out more than 400 veterans currently working for the city, including those working for the police and fire departments, city hall, the department of public works and city schools.

"It's a way to thank veterans for their service- not only to the country but to the city of Springfield," said Robert Sweeney, director of the Veterans' Services Department in Springfield.

The O'Sullivan award was named in honor of the late Daniel O'Sullivan, a Vietnam veteran who worked for the city of Springfield for more than 25 years.

It was Mr. O'Sullivan's noble character and professionalism that moved city officials to create the award and name it in his honor, Sweeney said.

The ceremony was attended by Mr. O'Sullivan's widow, mother and children, along with the four previous award recipients and two local deputy fire chiefs, among others.



CHILLY JOG >> Reservists take a break from their busy Saturday UTA for a brisk run towards the Westover dogpatch during the annual 5K Run. This year's winners were Lisa Houle, with a time of 24 minutes and 25 seconds, and Rodney Furr, coming in at 18 minutes and 35 seconds. Plans call for a 10K run and 5K walk during the June A UTA.

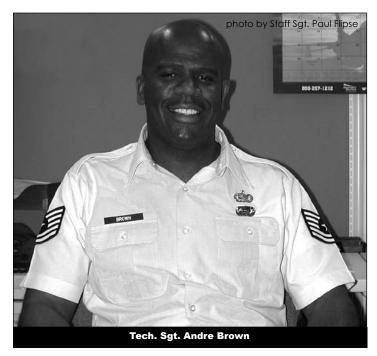
Base family program needs volunteers

he Westover Key Family Member Program (KFMP) needs more volunteers to keep communications open with families of activated reservists. Duties include periodic phone calls to ensure families are aware of new benefits and programs. Volunteers are needed from all squadrons and their families.

KFMP leadership is also seeking a coordinator for the second "Galaxy Day Adventure" for school-age children to be held on Wing Family Day Sept. 9. Duties include working with units that wish to put on a display for the event.

Those who are interested in applying for or who have questions about KFMP's volunteer programs can contact the family support office at ext. 3024, or Kim Farris at (413) 283-3272.

PATRIOT PEOPLE |



NAME: Andre Brown RANK: Technical sergeant AGE: "Up there"

HOMETOWN: Connecticut Unit: 439th Airlift Wing

POSITION: Military Equal Opportunity advisor

CIVILIAN POSITION: Parole officer FAVORITE FOOD: Soul food YEARS OF SERVICE: 18

FAVORITE SPORT: Football - baseball FAVORITE HOBBY: Heckling Red Sox fans

IDEAL VACATION: Italy

BEST WAY TO RELAX: Watching classic movies

PREFERRED ENTERTAINMENT: Jazz - R & B

Favorite hero : Muhammad Ali Favorite music styles : Jazz - R & B

FAVORITE MOVIE: Let's Do it Again / Uptown Saturday Night

FAVORITE AIRCRAFT: F-4
PET PEEVE: Yankee-haters

WHAT WOULD I DO IF I WON \$1 MILLION: Take a six-month vacation

in Europe

Get One Referral Information 'Get One' referrals need to be sent to Patricia Simonds at the Westover recruiting office. There are three ways the information may be sent; call Mrs. Simonds at (413) 557-2125 or DSN 589-2125 let her know you have a 'Get One,' E-mail: Patricia. Simonds@Westover.af.mil, or fax the information below to: 413-557-2126 or DSN 589-2126 REFERRAL INFORMATION First name, middle initial, last name Address _ __ State ____ Zip __ Home phone number Your Information First name, middle initial, last name Home phone number _____ Unit ___ Date of birth __ _ Rank __

PATRIOT PUNS |



PATRIOT PRAISES |

Awards & Decorations

Meritorious Service Medal

Major
Ryan, Patrick S.
White, James B.
Chief Master Sgt. Malek, Randy J.*
Senior Master Sgt. Carter, Lewis G.
Master sergeant
Cohen, Anthony
Farrington, Mark R.
Flynn Jr., Robert F.
Monopoli, John R.
Simone, Francis T. **
Sjogren, Jeanclaude

Witt Jr., Daniel C. Technical sergeant Bray, Robert L. Taylor, Robert J.

Air Force Commendation Medal

Senior Master Sgt. Mancini, Anita L. Master sergeant Bambury, Herbert Breckenbridge, Danial C.* Cadran, Michael F. Technical sergeant Barklow, Richard H. Davidson, Gregory J. Krol, Thomas H. Ritchie, John F. Roberts, Robert A. Stefanik, Robert Tynan, Patrick A. Senior Airman Schumacher, Cory M.

Air Force Achievement Medal

Murdza, Michael D.

Air Force Achievement Medal
Senior Master Sgt. Brunetti, Michael R.
Master Sgt. Burnett, Ellen
Technical sergeant
Iannuzzi, Michael *
Niemiec, Joseph
O'Connell, Robert J.
Reed, Jerome F.

Staff sergeant Shea, Jenilee J. Valentine, James S. Vitullo, John F. Senior airman Grijalua, rianna N. Traietti, Chris J.

* indicates number of oak leaf clusters

Employer Appreciation Day

Return this form to: 100 Lloyd St., East Wing Suite 103 Westover ARB Mass. 01022-1825 fax: (413) 557-2011

Employer's Information

 First name, middle initial, last name

 Address

 City
 ________ State
 _______ Email

 Work phone number
 ________ Lunch: Yes
 ______ No

Reservist's Information

First name, middle initial, last name

Home phone number _____ Unit ____ Email _____

Date of birth _____ Rank ____ Lunch: Yes ___ No ___

I understand that I can nominate only one person annually and that person must be my supervisor.

Signature _____

O.R.I.: Answers

March 2006 Answer Key

- 1. When the victim is possibly contaminated by nuclear, biological or chemical (NBC) weapons they are taken to a unit CCP. Human remains never go to the CCP. Instead, take them to the point identified by Mortuary Affairs.
- 2. When transporting casualties using a 4-man litter team, the person carrying at the rear, right-hand position calls the commands.
- 3. The five immediate lifesaving steps, ABCDE, represent: establishing an open AIRWAY; ensure BREATHING; stop bleeding to support CIRCULATION; prevent further DISABILITY and minimize EXPOSURE to adverse weather.
- **4.** One quart. Water intake is based on workload and heat index.
- 5. After applying a tourniquet, always mark a "T" and the time on the casualty's forehead. Tourniquets are used only as a last result. Only medical personnel may remove a tourniquet.

What's wrong with this picture?

The carriers aren't wearing gloves and the casualty isn't strapped or facing in the right direction. The injured troop should be moved feet first.

PATRICT www.westover.afrc.af.mil A-UTA | APRIL 1 - 2 | B-UTA | APRIL 22 - 23



Published monthly for Patriots like Senior Airman Joseph A. Niedzela, Bondsville, Mass., and 3,044 reservists and civilians of the 439th AW and the wing's geographically separated unit.

PRSRT STD U.S. POSTAGE PAID CHICOPEE, MA